
What spiritual growth will you achieve in 2018?

If you wrote goals for the next year, what would they look like? Typical goals are often career, home, family, vacation, physical health, & spiritual growth. If God wrote your goals, how would they be different?

View ideas & sign-up for Daily Bible Readings by email: <http://www.pvchurchofchrist.us/GOALS>

Identify Potential Spiritual Growth Goals. Here are some questions to ask:

1. What does my family need?
2. What does my church family need?
3. What skills do I have that can help strengthen spiritual life in me & others?
4. Where do I need improvement? What concerns me about my life? What frustrates me?

God's commands & scripture should define our goals and actions

Goals are not a requirement but doing God's will is required. Our goals should align with and support God's will so that we have maximum fulfillment of our purpose in this life and ultimately salvation.

Proverbs 3:5-6	John 6:26-27	Philippians 3:12-14
Proverbs 16:9	Romans 12:1-2	Philippians 4:8-9
Matthew 6:19-21	Romans 12:9-19	Colossians 3:5-17
Matthew 6:33-34	Galatians 5:22-26	Hebrews 12:1-2
Matthew 7:7-8	Ephesians 4:29-32	James 1:19-27
Luke 14:28	Philippians 2:1-4	I Peter 3:15-16

Goals for 2018. Note: resolutions are NOT the best choice for improvement.

Set monthly goals. Identify a goal for each month. Be flexible and adjust as needed.

Goals to Consider. Try each one for at least 30 days. Make your own goals.

1. List your worries. Move them to your prayer list.
2. Read the Bible to start and end your day. Expand your reading focus as it becomes a habit.
3. Memorize a chapter or series of themed scripture verses.
4. Pray to start and end your day. Pray more frequently.
5. Replace complaining, criticism, & unkind words with encouragement to build others. Eph 4:29-32
6. Encourage others with cards, letters, visits, greetings, and expression of concern and interest.
7. Greet a visitor and learn about them. Express your thanks for their visit & ask them to come back.
8. Pick a week and read a larger book or research a Biblical topic. Push aside unimportant activities.
9. Read the full Bible, the Old or New Testament, a book, or study on a specific Bible topic.
10. Read your Bible with a pen. Write observations and notes. Review them after 1 week. Update.
11. Seek out areas where help is needed and offer to help. "Perfect help" is not required, just help.
12. Replace time-consuming habits with spiritual habits. Swap news or social media for Bible study.
13. Expand your talents - help with a class, volunteer for a work day, or help where you find a need.
14. Evangelize - ask questions, get contacts, and offer Bible lessons. Invite to services and activities.
15. Become more comfortable talking to others about the gospel.
16. Control your temper and your tongue. Improve your patience during frustration.
17. Find ways to be hospitable and encouraging to fellow Christians and others.
18. Attend regularly. Come to classes. Invite someone to go to area wide meetings with you.
19. Write out all the verses you can find about a spiritual weakness you struggle with.
20. Get involved in worship and other church activities. See service areas on next page.

Goal Activities. These have structure that can help you stay on track.

1. Keep a prayer list. Share it with your family. Improve & adjust it. Give thanks for answered prayers.
2. Build a Bible notes notebook. Record notes about scripture that inspires you & your discoveries.
3. Be thankful with a Blessings list. Update & view frequently. Make notes on events, share with family.

4. Post a "verse of the week" on your fridge or wall that motivates you. Try multiple verses & chapters.

Service Areas. From 2017 Ministry Fair. Contact elder or deacon for info.

Safety Team	Teachers for Class	Missions Work
Maintenance Team	River Valley Youth Rally (April 13-15, 2018)	Jail Ministry
Lions for Christ (UAFS)	LTC - Leadership Training for Christ	Funeral Lunch
Card Ministry	PEP - Personal Edification Program with small groups	Audio Visual
Fellowship: Fall Retreat, Hiking, Potlucks, Men's Breakfast, Weddings, Baby Showers, Hospital Visitation, Halloween, Valentine's Day, & more		
Church Service: Announcements, Prayers, Singing, Communion, Scripture Reading, Greeters		

Goals - Structural Concepts

S.M.A.R.T. Goals:

Goals should be Specific, Measurable, Attainable, Relevant, Itime-based to improve effectiveness.

This article provides some good ideas and insight about spiritual goals:

"...We must make God's goals our goals and then pursue them with all our might. God is a rewarder of those who diligently seek Him (Heb 11:6). Drifting through life with half-hearted efforts to reach God is not enough. Life is a race, heaven is the finish line, and we must run in such a way that we may win (1 Cor 9:24). That is the ultimate goal that should dictate all other goals in our lives."

Making God's Goals our Own,

<http://www.kirkwoodcoc.org/making-gods-goals-our-own-2/>, Kirkwood Church of Christ

2018 Spiritual Goals Plan. No need to fill in all at once. Adjust as needed.

Month	Activity	Notes
January		
February		
March		
April		
May		
June		
July		
August		
September		
October		
November		
December		

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